Frequently asked questions

**What is the time limit for using the test?**
The test must be performed before the expiration date specified on the test

(xxxxx/year.month).

**I have hemorrhoids / symptoms / history, can I perform the test?**
*Avoid performing the test during hemorrhoid bleeding.*

In case of digestive symptoms, chronic inflammatory bowel disease, personal or family history of colorectal cancer, we recommend that you consult your general practitioner first.

**I lost the test / the test is damaged / the sampling did not proceed correctly, what should I do?**
Contact our team by e-mail colorectal@ccref.org without forgetting to mention your Belgian National Registry number (number on the back of your Belgian identity card) available.

**How do I get the results?**
The results will be sent to the general practitioner mentioned on the identification form a few days after the analysis of your test by our laboratory.

**What happens if the test is positive?**
Your general practitioner will refer you to a gastroenterologist for a colonoscopy. Unlike the test, colonoscopy is not free. Check with the gastroenterologist and your health insurance.

**When should I repeat this test?**
This test is recommended every 2 years for people between 50 to 74 years old. A new test will be automatically sent to you 2 years after your last negative test.

**You don’t want to participate anymore?**
We invite you to let us know by e-mail colorectal@ccref.org without forgetting to mention your Belgian National Registry number.
Before performing the test

Complete the identification form with:
- a vignette of your Belgian health insurance;
- your number of the Belgian National Register (number on the back of your Belgian identity card);
- the performing date of your test;
- your complete personal information;
- full and readable contact details (in UPPERCASE) of your general practitioner.

Without a valid and readable completed identification form, we will not be able to analyze your test.

Check the expiration date specified on your test. Beyond this date, do not perform the test and send us an email colorectal@ccref.org without forgetting to mention your Belgian National Registry number. Enter your name (N), your age (A) and the date of performing (D) on the test at the appropriate place. Thank you for not writing anything on the test and not removing the barcode.

Performing the test

Unfold the stool collection device and remove the 3 small protective stickers. Glue it on 3 points of the bezel of your toilet with the small holes in front, like on the picture or opt for a plastic bag.

Important: for the test to be successful, the stool must not be in contact with any liquid (urine, bleach, etc.). Once the collection device is installed, go to stool.

Take the test and open it by turning the green part.

Sending the test

If it’s not already done, check all the information on the identification form. Slide the identification document and the protective bag containing the test into the pre-addressed envelope with the UN 3373 logo (gray envelope). Close the envelope and mail it without putting stamps. Do not use the blue envelope!

It is recommended to post the envelope back as soon as possible on working days only and not the day before a weekend or a holiday. It is useless to put stamps. Mail the envelope within 5 days after performing the test.